

Side Notes:

- When you play this song, imagine that perfect first run of the season: i.e. snowboarding, skiing, rowing, etc. (I mention rowing because the main theme of this song came to mind one day as I was exercising on my rowing machine.)

Helpful Hints:

- I often try to feel a specific rhythm before I start this song, it seems to put me into the right zone, relax my playing and kick my performance to a higher level. If you are interested, the diagram below is an attempt to give you a general feel of what that rhythm is. To learn this rhythm, it may help to set a metronome to a speed you can handle and try saying the gibberish along with the beat.

1 2 3 4 5 6 7 8 *breath* 1 2 3 4 5 6 7 8 *breath* 1 2 3 4 5 6 7 8 *breath*
 doom beep bah buh doo ba buh doo ba ba
(repeat)

First Run

♩ = 174
With energy
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written by Jon Schmidt
 (from the album *Winter Serenade*)

For a better first impression, start learning this song at measure 55.

Musical score for measures 55-57. The score is in 4/4 time and features a piano accompaniment. Measure 55 starts with a forte (*f*) dynamic and includes a rhythm aid for an eighth-note beat: *6 7 8* (rhythm aid for an eighth-note beat). Measures 56 and 57 include numerical counts for the piano part: *1 2 3 4 5 6 7 8* and *1 2 3 4 5 6 7 8*. The instruction *no pedal lift* is placed at the end of measure 57.

ad-lib pedal throughout, except where specified
 (This will turn all rests into ties. Why didn't I notate ties in the first place? Because for this song, rests look much cleaner.)

Musical score for measures 58-60. The score continues the piano accompaniment. Measures 58, 59, and 60 include numerical counts for the piano part: *1 2 3 4 5 6 7 8*, *1 2 3 4 5 6 7 8*, and *1 2 3 4 5 6 7 8*. The instruction *let ring as long as possible using half-pedal where necessary* is placed below measure 58, with a half-pedal symbol and *8vb*.

Musical score for measures 61-63. The score continues the piano accompaniment. Measures 61, 62, and 63 include numerical counts for the piano part: *1 2 3 4 5 6 7 8*, *1 2 3 4 5 6 7 8*, and *1 2 3 4 5 6 7 8*. The instruction *let ring as long as possible using half-pedal where necessary* is placed below measure 61, with a half-pedal symbol and *8vb*.